**ICSEW Proudly Presents:** 

# Powerful Presentation & Communication Skills:

## How to Speak with Confidence, Charisma, and Credibility

## May 26 or June 9, 2010

Two dates! Pick your best option or come to both! Learn more and save!

### Learn the secrets used by professional speakers to give high-impact presentations!

Stand out in any meeting and make powerful presentations that capture your audience.

Master the use of words, voice and body language. Avoid speech habits that can destroy your image and credibility

Conquer stage fright and last-minute jitters. Present an image of confidence and composure no matter who is in the audience.

Confidently handle interruptions and win over your audience every time.

#### **Program Details:**

**Location:** Labor and Industries 12806 Gateway Dr. Tukwila, WA **Time:** Pick your day: May 26 or June 9, 2010 or come to both. Learn more and save!

9AM - 4 PM

**Cost:** \$97 for one day.

\$160 for two days.

payable prior to training to K. Bote' Training PO Box 1509 Maple Valley, WA *9*8038

All forms of payment accepted

## Tukwila, WA

#### Featuring Kathy Bote'



Kathy has made a career of empowering people to become their own heroes.

She provides practical information with diverse activities and a hefty dose of humor. She has over 20 years experience training people from all over the world.

I heartily recommend Kathy Bote'... Michael L. Robbins, Col, WA ANG Vice Commander Department of the Air Force McCord Air force Base

""Kathy has passion for the subject... She molded the presentation as an artist..." D. Regan, Supervisor Community Trade and Economic

Development

#### Who should attend:

Any one who wants to speak up and speak out with credibility and confidence.

If you can't think of what to say until five minutes later, this is for you!

Too quiet, and need to speak up to be heard? Or have you been accused of being too aggressive? Learn assertive techniques and achieve winning relationships with coworkers and customers.

**Register Today Online:** 

http://www.icsew.wa.gov/calendar /default.htm

Phone: Gen O'Sullivan (360) 725-9704 Or contact Kathy Bote' (425)432-9345 KathyBote@CourageSpeaks.com

Can't make the training? Order Kathy's amazing book, "Give **Unforgettable Presentations: 101** Ways to Get the Audience Involved!" for only \$14.97

Cancellation Policy: Please notify at least 48 hours in advance for refund. For more information or options, contact Kathy Bote